

About Your Child's School Caterer

Harrison Catering Services is an **independent, family-owned business** with a simple approach: we prepare fresh food every day from fresh ingredients. This means that all your child's delicious meals are prepared daily by our trained cooks.



HARRISON
food with thought



We're delighted to work in partnership with the London Borough of Bexley, and we look forward to serving your children great food!

1

Our menus meet school food standards and offer a wide range of dishes tailored to the individual needs of each school.

2

We use high-quality, sustainably-sourced, seasonal food. Our menus feature organic ingredients, British free-range eggs, Red Tractor-certified cheddar cheese, pole and line caught tuna, and fresh, British-sourced meat and poultry.

3

We are proud to have been awarded the Soil Association's Silver Food for Life Served Here Award, which means our methods have been independently audited and proven to be of exceptional quality.

We use locally sourced ingredients when available and in season!

Our very own company nutritionist, Dr Juliet Gray, advises on all our menus!



If you have any comments, we'd be delighted to hear from you. You can contact our local office on 01689 892542 or email bexley@harrisoncatering.co.uk

For all enquiries regarding free meal entitlement, please contact your child's school or telephone 020 8303 7777 or email Bexley. freeschoolmeals@secure.capita.co.uk or visit www.bexley.gov.uk/freeschoolmeals

Discover more about us or try the delicious recipes on our website! www.harrisoncatering.co.uk

**Week 1
w/c**

19th February
12th March
16th April
7th May
4th June
25th June
16th July

Monday Beef Bolognese and Spaghetti with Garlic and Herb Bread
Vegetable Bolognese and Spaghetti with Garlic and Herb Bread (v)
Lemon Sponge with Custard

Tuesday Chicken Tikka Masala with Rice
Jacket Potato with Tuna Mayonnaise or Cheese and Beans (v)
Ice Cream with Fruit

Wednesday Roast Turkey with Stuffing and Roast Potatoes
Vegetable Pin Wheel with Roast Potatoes (v)
Chocolate Sponge with Chocolate Sauce

Thursday Homemade Sausage Roll with Mashed Potato
Tomato and Basil Penne Pasta (v)
Berry Smoothie with Shortbread

Friday Battered Fish with Chunky Chips and Tomato Sauce
Vegetable Curry with Chunky Chips (v)
Fruity Friday:
Selection of Fresh Fruit and Greek Yoghurt

**Week 2
w/c**

26th February
19th March
23rd April
14th May
11th June
2nd July

Monday Deep Pan Pepperoni or Margherita Pizza (v)
Salmon and Lemon Penne Pasta or Mediterranean Penne Pasta (v)
Ice Cream with Fruit

Tuesday Jerk Chicken with Rice
Jacket Potato with Tuna and Sweetcorn or Baked Beans (v)
Carrot Cake with Custard

Wednesday Roast Pork with Roast Potatoes and Parsnips
Cheese and Leek Pie with Roast Potatoes (v)
Steamed Apple Sponge with Custard

Thursday Beef Meatballs in a Tomato Sauce with Rice
Macaroni Cheese (v)
Jelly and Peaches

Friday Breaded Fish with Chunky Chips and Tomato Sauce
Vegetable Chilli with Rice (v)
Fruity Friday:
Selection of Fresh Fruit and Greek Yoghurt

**Week 3
w/c**

5th March
26th March
30th April
21st May
18th June
9th July

Monday Pasta Bar
Beef Ragù
Salmon and Broccoli Arrabiata (v)
Vegetable Korma with Rice (v)
Courgette and Lime Cake with Custard

Tuesday Sausages and Mashed Potato
Vegetable Sausage with Mashed Potato (v)
Chocolate Orange Cupcake

Wednesday Roast Gammon with Pineapple and Roast Potatoes
Spring Vegetable Pie with Roast Potatoes (v)
Marbled Berry Sponge with Custard

Thursday Macaroni and Beef Bake with a Crispy Cheese Topping
Jacket Potato with Tuna Mayonnaise or Baked Beans (v)
Ice Cream with Fruit

Friday Breaded Fish with Chunky Chips and Tomato Sauce
Carrot and Basil Lasagne Bake (v)
Fruity Friday:
Selection of Fresh Fruit and Greek Yoghurt

Dishes may vary due to local choice at your school

(v) = vegetarian

**Available
Daily**

We also serve a choice of salads, seasonal vegetables, freshly baked bread, fresh fruit platters, fruit yoghurt, milk and water every day.



Look out for
monthly featured
ingredients.

Try
something
NEW!

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